



2017 LAKE COUNTY CUP

- DATE:** Sunday, January 22, 2017
- LOCATION:** Warren Township High School – Almond Campus, 34090 Almond Rd. Gurnee, IL
- ENTRY FEE:** \$20 (make checks payable to LCWC). Head coach is responsible for payment.
- WEIGH-INS:** 6:30 to 8:00 am Sunday morning.
- START TIME:** Wrestling begins at 9:00 am, or as soon as the brackets are complete.
- FORMAT:** Folkstyle: Tot, Bantam, Intermediate – 4 man round robin. Periods 1-1-1 min
Novice and Seniors – 4 man round robin. Periods 1-1 ½-1 ½ min
- ADMISSION:** \$5 FOR ADULTS, \$2 FOR KIDS AGES 6-12, FREE for kids 5 and under
- PAYMENT:** Non-refundable deposit of **\$100** is required on or before **December 31, 2016**.
- SEND CHECKS TO:** Lake County Wrestling Club
17483 W. Bluff Dr.
Grayslake, IL 60010
- INFORMATION:** For questions or information, call Curt Onstad @ 847-975-9184 or Dawn Dyer @ 847-730-7188. You can also email lakecountywrestling@outlook.com.

To reserve spots for our tournament, please complete and submit the form below:

Team Name: _____

Head Coach Name: _____

Coach Phone #: _____ Coach E-Mail: _____

Spots Requested: _____

***All wrestlers must have a 2016/17 USA Wrestling card in hand to participate. No exceptions.**
Submit form and any questions regarding our tournament to lakecountywrestling@outlook.com